

Name: _____

Advisor: _____

Personal Values

1. What are **two** (or more) values that you would like to attribute to your academic life at Middlesex? How would you like these values to influence your academic engagement here?

Please write one action that you can take for each value listed above.

2. What are **two** (or more) values that you would like to attribute to your extracurricular life at Middlesex? How would you like these values to influence your extracurricular engagement here?

Please write one action that you can take for each value listed above.

3. What are **two** (or more) values that you would like to attribute to your life within the community (i.e., social, interpersonal, leadership) at Middlesex? How would you like these values to influence your social and community engagement here?

Please write one action that you can take for each value listed above.

4. Finally, what are the personal values you hold that will make this a positive year for you and for others? In other words, how do your personal values help make Middlesex a strong, healthy community? (If you can't think of any personal values for this, what are some values that someone *could* have that would make for a positive year?)