



# Middlesex

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## MEDICATION POLICY

The Health Center must know of all medications prescribed to both boarding and day students. Prescriptions brought to school must be in their original pharmacy containers. For boarding students, students may be allowed to keep some or all of their (excluding Schedule II) medication in the dorm room if deemed appropriate and approved by the health center. Students may keep over-the-counter medications in small amounts in their rooms.

Of significant concern are the regulations regarding controlled medications (Schedule II) which includes stimulants, narcotics, tranquilizers and other potentially addictive or misused medications. Because of the potential for abuse or illegal handling, all controlled medications must be kept in and dispensed from the Health Center. **Please note that all prescriptions must have a Prescription Medication Order filled out by the prescriber** and a new order must be completed for any dose changes. New orders must be on file for each new school year.

To that end, our policy requires that students receive each dose of all such medication at the Health Center. Students are responsible for coming to the Health Center to receive their medication. All medication should be brought to the Health Center and the distribution of this medication must be coordinated through our clinical staff. It is a parent's responsibility to access and monitor information about their student's compliance with their medication through the SNAP Health Portal medication log.

**RE: ALL STIMULANT PRESCRIPTIONS:** Prescriptions for ongoing stimulant medication (Ritalin, Concerta, Focalin, Adderall, Dexedrine or their generic equivalents) may be filled at the West Concord Pharmacy. In the interest of accuracy and safety, all doses ingested are observed by the nurse. Students shall not have any of these medicines in their possession at School. **For parents who are healthcare providers, stimulants may not be prescribed by a parent nor may the prescription medication form be signed by a parent.** For details regarding the handling of medications over vacations or extended periods of time away from school, see the Medication Dispensing Permission on the SNAP Health Portal. All information will remain confidential and available only to those involved in your child's care, which may include the Health Committee, advisors, dorm faculty, administrators, etc. **Failure to observe and comply with this policy may lead to disciplinary action.**

Please understand that our intention is to ensure safe, appropriate medication use by your child. Feel free to request more extensive medication policy information, including procedures for communication and compliance from the Cruz Health Center.