



# Middlesex

April 2018

Dear Parents;

The health center works hard to keep thorough and up-to-date health records for your student(s). For that reason, every year we ask you to update insurance information, health information, and SNAP health portal permissions.

We will be requesting updated health information in several steps. The first step is to update insurance information on the SNAP health portal, under personal details, and to complete the Insurance Plan Form (International or Domestic) for the upcoming 2018-2019 academic year by *May 15th*. For international families, student health insurance is required. Please complete an **International Student Insurance Plan Form: 2018-2019**. For all others, whether school health insurance is needed or not, please complete the **Domestic Student Insurance Plan Form: 2018-2019**.

We will also be requesting an **updated physical examination** for the coming academic year, as it becomes due, if you have not already submitted one. Physicals must be updated annually as they expire. We understand that there may be a gap between when one physical is expired and when there is an available appointment for a physical. For that reason, we ask that a Sports Participation Clearance Form be signed by your doctor to allow your child to continue in athletics until the updated physical is submitted. All forms can be found on the SNAP health portal.

*New this year*---there is an **updated Meningococcal vaccine requirement** from the Massachusetts Department of Public Health for residential students. One dose of quadrivalent meningococcal vaccine is required for all residential students, and two doses are required for residential students entering grade 12, unless the first dose was administered on or after the student's 16<sup>th</sup> birthday. The two-dose requirement is the best protection for a student who is attending a boarding high school and who then will be going on to live on a college campus. Please be sure to discuss this with your child's pediatrician at their next physical exam.

Lastly, over the summer you will receive an alert via the **SNAP Health Portal** to update and confirm your student's contact and health history information as well as to acknowledge understanding of some health center policies. As HIPPA law dictates, the health portal software does not communicate with any other information system on campus. Please be aware that if you are updating any personal demographic information (address, phone numbers, etc.) on the health portal you must also contact the academic office to update information with other departments within the School.

As always, we very much appreciate your participation in this process. Providing the best possible care for your child only comes when we work in partnership with you. May this be a happy, healthy year for your whole family!

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